$9^{\text {th }}$ Annual Subbantam Championships<br>Skyline High School<br>12250 Skyline Boulevard<br>Oakland, California

June 30, 2012
10:00 a.m.

# We have added a 50 meter "walker race" for those babies who are not quite full fledged runners yet. Make sure you bring your young walker for them to compete. There is no $\$ 8.00$ entry fee for these babies. They will receive ribbons only after their completion of the race. 

Welcome to the $9^{\text {th }}$ Annual Subbantam Championships Track and Field Meet of the Pacific Association. For this year subbantams are athletes born 2004 and later. The Youth Committee team members, family and friends, are hosting this meet again. To make this work, your volunteer services are still much needed and greatly appreciated. We want another successful Subbantam Championships meet this year, so again, let's make it happen!!

Athletes must be capable of contesting their event efficiently. We cannot allow exceptionally young children to participate in the longer races and most of the field events. Therefore, adjustments have been made for most of the meet events. The adjustments are noted next to the particular event below. Please adhere to these when making your athlete entries.

We're offering the 800 meter dash and 1500 meter run for our 7 and 8 year olds only. The shot put will be 4 pounds for this track meet instead of the regulation 6 pounds used for the bantam age group. The mini jav is also being offered again so coaches, it is imperative that you train your subbantams in these three field event areas if you are going to have them contest the events! We want no unnecessary accidents.

Our preference is pre-registration via email to pa.youthentries@yahoo.com.-- If you have any questions do not hesitate to contact Joanne Slaton-Camargo at pa.youthchair@yahoo.com or call (510) 535-2731 work, (510) 632-8004 home.

We are allowing your athlete to participate in as many events as possible. It is not necessary to adhere to the 3 event limit with the conventional track and field meets.

Awards for this track meet are medals 1-8 overall for 5-8 age group for each event and ribbons 1-8 in each heat or flight. The outstanding male and female athlete of the day will be presented with a trophy at the end of the track meet. Each athlete will also receive a subbantam track meet $t$-shirt at the start of the track meet. Since the shirts are the same as in previous years, we will have a permanent marker to write your athlete's name and year on their shirt.

Entry fee is \$8 per athlete. Make cashiers check or money order payable to Pacific Association USATF or simply PAUSATF. No personal checks please. Enter your athlete (s) via email at pa.youthentries@yahoo.com to Anthony Camargo.

# Pacific Association <br> $9^{\text {th }}$ Annual Subbantam Championships Skyline High School - Oakland 

Saturday June 30, 2012 Registration - 8:00 a.m. Meet Start - 10:00 a.m.

Events will be run in the order below based on their age group. Athletes may participate in as many events as they can do. There are no other age groups except subbantams involved in this meet. Therefore, we will have scheduled breaks between each event for recovery purposes.

- Awards (1-8 place medals overall in 5-8 age group, each event and 1-8 place ribbons will be given to each athlete after each event and each heat)
- A trophy will be presented at the end of the meet to the outstanding male and female athlete of the track meet.

Meet Directors: Joanne Camargo
(510) 535-2731 or (510) 632-8004 or pa.youthchair@yahoo.com Nadine Davis (707) 310-0595 or pa.youth_secretary@yahoo.com

| 1 and 2 year olds | 3 and 4 year olds |
| :---: | :---: |
| Running and field events order | Running and field events order |
|  |  |
| 50 meter | $4 \times 100$ relay |
| Long jump | Mini jav |
| 100 meter | 200 meter |
|  | 50 meter |
| 50 meter "walker race" | Long jump |
| Please bring your own walker | 100 meter |
| exhibition race only | 400 meter |
| no $\$ 8.00$ entry fee | $4 \times 400$ relay |
|  |  |
| 5 and 6 year olds | 7 and 8 year olds |
| Running and field events order | Running and field events order |
|  |  |
| 1500 meter run | 1500 meter run |
| $4 \times 100$ relay | $4 \times 100$ relay |
| Long jump | Shot put |
| 200 meter | 200 meter |
| Shot put | Long jump |
| 100 meter | 100 meter |
| 800 meter | 800 meter |
| Mini jav | Mini jav |
| 400 meter | 400 meter |
| $4 \times 400$ | $4 \times 400$ |

