



# Pacific Association USATF Open and Masters Championships College of San Mateo - Sunday, May 27<sup>th</sup>, 2012

## Schedule of Events *(revised 25 May)*

**All Day-of-Meet Entries must be registered by 10:30 a.m.**

➤ **Check In:** Morning running event competitors **must check-in at the start line before the race begins.**

8:30 AM..... Men's and Women's/Open and Masters **10,000m Run combined** and hand timed

Followed by ..... **Men 3000m/36"** Steeplechase (hand timed)

Followed by ..... **Women 3000m/30"** Steeplechase (hand timed)

Followed by ..... **Masters 2000m/30"** Steeplechase **combined** (hand timed)

10:30<sup>±</sup> AM.... Men's and Women's/Open and Masters **5,000m Race Walk combined** (hand timed)

**NOTE:** ♦ Heats will be drawn and a rolling schedule will start after the Women's 1500m at 11:20<sup>±</sup> a.m.

11:20<sup>±</sup> AM ♦ ... Women 1500 Meter Run (Open then Masters, or combined depending on numbers)

11:30 AM..... Men 1500 Meter Run (Open then Masters, or combined depending on numbers)

..... 110m Hurdles (Open then Masters)

..... 100m Hurdles (Masters Men then Women)

..... 80m Hurdles (Masters Women then Men)

..... Women 400 Meter Dash (Open then Masters)

..... Men 400 Meter Dash (Open then Masters)

12:30<sup>±</sup> PM.... Open Men's & Women's and Masters T&F Committee Meetings in stands – open to all

**Afternoon Running Schedule...Starts no sooner than 1:15 p.m.**

➤ **Check In:** Afternoon running event competitors **must check-in at the start line before their race begins.**

**NOTE:** ♦ Rolling schedule begins after the first event at 1:15 p.m. Events may begin sooner than you might expect. Seeding of heats will be determined at the start line.

1:15 PM ♦ Women 100 Meter Dash (Open then Masters)

.....Men 100 Meter Dash (Open then Masters)

.....Women 800 Meter Run (Open then Masters)

.....Men 800 Meter Run (Open then Masters)

.....Intermediate Hurdles (Open Men 36", Open Women 30", Masters Women 30", Masters Men 30")

.....Women 5000 Meter Run (Open + Masters)

.....Men 5000 Meter Run (Open + Masters)

.....Women 200 Meter Dash (Open then Masters)

.....Men 200 Meter Dash (Open then Masters)

**Check In:** Field event athletes **must check-in 60 minutes before their event site or by 10:30 a.m., whichever comes first.**

## Important Field Event Notice

**Due to the large number of entries received for this meet it is quite likely that that many field events will start later than the originally scheduled.**

When that occurs start times will be one following another as shown below. This will require field athletes to keep close tabs on their preceding event.

**9:00** - Hammer Throw

**10:00** - combined Pole Vault and Long Jump

**2:00** - Shot Put at as originally scheduled

**Other events may proceed as follows:**

- Combined High Jump follows Pole Vault;

- Combined Triple Jump follows Long Jump;

- Combined masters Discus Throw follow Hammer Throw with 2 rings;

- Open Discus Throw (*men followed by women*) follow the flight of the Masters Discus on the lower field;

- Combined Open and Masters Javelin Throw follows the flight of the Masters Discus on the upper field.



# Pacific Association USATF Open and Masters Championships College of San Mateo - Sunday, May 27<sup>th</sup>, 2012

The following events shall be contested:

<u>Open Women</u>	<u>Open Men</u>	<u>Master Women</u>	<u>Master Men</u>
100m H (33")	110m H (42")	100m H (33") 80m H (30")	110m H (39") 100m H (36" or 33") 80m H (30")
400m IH (30")	400m IH (36")	400m IH (30") 300m IH (30")	400m IH (36"/30") 300m IH (30")
100m	100m	100m	100m
200m	200m	200m	200m
400m	400m	400m	400m
800m	800m	800m	800m
1,500m	1,500m	1,500m	1,500m
5,000m Run	5,000m Run	5,000m Run	5,000m Run
10,000m Run	10,000m Run	10,000m Run	10,000m Run
3,000m Steeple (30)	3,000m Steeple (36")	2,000m Steeple (30")	3,000m Steeple (36") 2,000m Steeple (30")
5,000m RW	5,000m RW	5,000m RW	5,000m RW
Long Jump	Long Jump	Long Jump	Long Jump
Triple Jump	Triple Jump	Triple Jump	Triple Jump
High Jump	High Jump	High Jump	High Jump
Pole Vault	Pole Vault	Pole Vault	Pole Vault

*Rule 332.3(f) Masters "Privately owned implements shall be exempt from the loss of identity rule (187.10) Hence...Individual athletes must bring their own implements OR Masters Committee must supply 'em.*

Shot Put	Shot Put	Shot Put	Shot Put
Discus	Discus	Discus	Discus
Javelin	Javelin	Javelin	Javelin
Hammer	Hammer	Hammer	Hammer

Clerking will be done at the start line. For instance, all event athletes will be called to the start line. The field will be divided into Open and Master athletes, then sub-divided to appropriate lanes based on sex and age when appropriate. In the lane races, an athlete who is "late" arriving, may get a lane, but will not replace an athlete who was "on time" and has been assigned a lane.

To "make the computer right" before the race, your "bib number" will be assigned a lane and the clerk will radio that number to the Competition Secretary running the meet management computer.

In field events, your "bib number" will get you checked into an event.