



Stockton Saints 4th Annual Track Meet

| Date | Time | Site | Age Divisions |
|-----------------|---------------------------------------|------------------------|--|
| April 30 2011 | 8:30 A.M. Start | A.A. Stagg High School | Sub-Bantam 2003 to Later |
| Package pick up | 7:30 A.M. | 1621 Brookside Road | Bantam 2001 to 2002 |
| | First Call 30 min before start | Stockton, CA 95207 | Midget 1999 to 2000 Youth 1997 to 1998 Open 1993 to 1996 |

| | |
|-------------------------|---|
| Meet Director: | If you have any questions, contact Alicia Kirton-Loung at 209-922-4503 or email akloung@yahoo.com |
| Entry Fee: | \$6.00 per athlete. Entry fees are not refundable. |
| Entry: | All entries will be done on-line at <u>Coach-O Entries</u>. All entries must be paid on-line. The on-line registration deadline is Midnight Wednesday April 27th. (PST) Corrections may be made by midnight April 28th, thru the meet director. After this time, there will be a \$5 charge per event for changes or additions, including those done at packet pickup. Scratches are encouraged the morning of the meet. |
| Coach's Meeting: | No Mailed, Faxed, E-mail, or day of meet entries will be accepted. There will be short coach's meeting Saturday April 30th at 7:30 A.M. on the in-field at Stagg High School Track. |
| Entry Limits: | Sub-Bantam, Bantam, and Midget - three events including relays. All others - four events including relays. |
| Facilities: | Nine lanes all weather track. Runway and high jump area are all weather. Shot Put and Discus are concrete. Spikes 3/16 pyramid or less will be allowed. ABSOLUTELY NO SPIKES ALLOWED ON THE IN-FIELD. Tents will only be allowed in the top rows of the stands, and on the area around the track. Please do not block the announcers' booth. |
| Awards: | Medals will be awarded to the first, second and third place finishers in each event, including relays. Ribbons will be awarded to the 4th thru 8th place finishers. (this is not per heat, but per overall finals). |
| Team Awards: | Team trophies will be awarded to the first, second, and third place teams overall. |
| Rules: | Current USA Track and Field rules will govern. Only competing athletes will be permitted on the track or in-field area, except for medical emergencies. |
| Check in Track: | Two calls will be given for each event. Athletes in running events must report to the clerk of the course, ready to compete, and stay in the area. Athletes must notify the official in charge of their field event, before leaving to report to the clerk for their running event. Athletes must report back to their field event within 5 minutes of completion of their running event. |
| Check in Field: | Field event athletes will check in directly to the official in charge of their event. All contestants will be given three trials in each field event, (except the High Jump). The athletes attaining the best nine marks will advance to the finals, for three additional attempts. Each athlete will be given a maximum of 3 warm up attempts prior to the start of the event. |
| Results: | Complete results will be available on our web site @ eteamz.com/stocktonsaints . |

Absolutely no BBQ pits or dogs allowed on the campus.

The Saints are Marching In...



Stockton Saints Track and Field Club

If you need a hotel in the Stockton Area

This is the 4 hotels that are reserved. Teams may call locations until 4/20 under Stockton Saints Track Club

Residence Inn

3240 W. March Ln. Stockton, Ca. 95219 209-472-9800 (res:M00000001253987)

\$99 per night 10 rooms 2 bedroom kitchen, breakfast, pool

Courtyard

3252 W. March Ln. Stockton, ca. 95219 209-472-9700 (Res:M00000001254015)

\$79.00 per night 10 rooms Queen bed, sofa sleeper, breakfast, pool

Extended Stay

2844 W. March Ln. Stockton, CA 95219 209-472-7588

\$69.00 per night 9 rooms, queen bed, kitchen, no breakfast, no pool

Quality Inn

2717 west march Ln. Stockton, Ca. 95207 209-478-4300

\$60.00 per night 9 rooms, Queen or 2 double, continental breakfast



SATURDAY - Events Schedule
April 30, 2011

NOTE:

- No false starts for Open division. Subbantam, bantam, midget and youth age groups are still allowed one false start.

TRACK EVENTS – 8:30 am

| | | |
|----------------------|---|--|
| 1500 meter run | All age groups starting with SBG | |
| 200 meter | All age groups starting with SBG | |
| 800 meter | All age groups starting with SBG | |
| 80 meter hurdle | MG, MB | |
| 100 meter hurdle | YG, Open Female | |
| 100 meter hurdle | YB | |
| 110 meter hurdle | Open Male | |
| 400 meter run | All age groups starting with SBG | |
| 1500 meter race walk | BG, BB, MG, MB | |
| 3000 meter race walk | YG, YB, Open Female/Men | |
| 4x100 relay | All age groups starting with SBG | |
| **4x100 relay | Throwers Relay | |
| **4x100 relay | Parent/Coaches Relay | |
| 50 meter | Lollipop Race (ages 2-5) (no need to register for this event) | |
| 100 meter | All age groups starting with SBG | |
| 4x400 meter relay | All age groups starting with SBG | |

We reserve the right to start an event 30 minutes before scheduled time

**** do not need to register for these events****

The Saints are Marching In...



Stockton Saints Track and Field Club

FIELD EVENTS – 8:30 am

| Event | Age Group | Time | Event | Age Group | Time |
|-------------|-----------------|----------|--------------|--------------------|----------|
| High Jump | Open Women/Men | 8:30 | Shot Put | Subbantam Girl/Boy | 8:30 |
| High Jump | Youth Girl/Boy | | Shot Put | Bantam Girl/Boy | |
| High Jump | Midget Girl/Boy | | Shot Put | Midget Girl/Boy | |
| High Jump | Bantam Girl/Boy | | Shot Put | Youth Girl/Boy | |
| | | | Shot Put | Open Women/Men | |
| Long Jump | Midget Girl | 8:30 | | | |
| Long Jump | Midget Boy | | Mini Javelin | Midget Girl/Boy | 8:30 |
| Long Jump | Bantam Girl | | Mini Javelin | Bantam Girl/Boy | |
| Long Jump | Bantam Boy | | Mini Javelin | Subbantam Girl/Boy | |
| Long Jump | Subbantam Girl | | | | |
| Long Jump | Subbantam Boy | | Javelin | Youth | Immed |
| Long Jump | Youth Girl/Boy | | Javelin | Open Women/Men | After tj |
| Long Jump | Open Women/Men | | | | |
| | | | Pole Vault | Youth Girl/Boy | 8:30 |
| Triple Jump | Youth Girl/Boy | immed | Pole Vault | Open Women/Men | |
| Triple Jump | Open Women/Men | After lj | | | |
| | | | | | |
| Discus | Midget Girl/Boy | 8:30 | | | |
| Discus | Youth Girl/Boy | | | | |
| Discus | Open Women/Men | | | | |

Now in effect, the Intermediate Girl / Boy and Young Women / Men age groups are no longer allowed any false starts, same as their high school rule. Subbantam, Bantam, midget and youth age groups are still allowed one false start.

NOTE: Coaches please check-in your athletes for all the sprints in the morning as you pick up your packages.