



C. A. Track Club Youth Meet

Saturday, April 16, 2011



Location: Skyline HS, 12250 Skyline Blvd, Oakland

Sanction: USA Track & Field

Co-Sponsored by Pacific Association USATF

Fee: \$6 per athlete

EVENT SCHEDULE:

Running Events (begins at 9:00am)

1500M Racewalk (Sub-Bantam – Midget)
3000M Racewalk (Youth – Open)
80H/100H/110H (Midget – Open)
4x100 Relay (Sub-Bantam – Open)
1500M (Sub-Bantam – Open)
50M (Ages 4 – 6)
100M (Sub-Bantam – Open)
800M (Sub-Bantam – Open)
★Coaches/Parents Relay★
400M (Sub-Bantam – Open)
200H (Youth)
200M (Sub-Bantam – Open)
3000M (Midget – Open)
4x400 Relay (Bantam – Open)

Field Events (begins at 8:00am)

Long Jump (Sub-Bantam – Open)
Triple Jump (Youth – Open)
Discus Throw (Midget – Open)
Shot Put (Bantam – Open)
High Jump (Bantam – Open)
Mini-Jav (Sub-Bantam – Midget)

AGE GROUPS:

Ages 4-6	2006 and after
Sub-Bantam	2004 – 2005
Bantam	2001 – 2002
Midget	1999 – 2000
Youth	1997 – 1998
Open	1993 – 1996

COACHES MEETING: There will be a coaches meeting on the infield at 8:00am. A representative from each team should be present. Scratches should be made during this time.

REGISTRATION & ENTRY FEES: Registration and meet entries should be completed at http://coachoregistration.com/meet/info/ca_catc/2011/04-16_C_A_Track_Club_Youth_Meet. You must

enter each athlete's USATF member identification number to register. The deadline for all entries is midnight, Saturday, April 9th.

There will be NO day of meet entries or changes! Review your online entries carefully and make certain they are correct.

All entries made by the deadline should be printed and verified by the entry deadline.

Entry fee is \$6.00 per athlete. Fees may be paid online or mailed to the address below. Personal Checks will not be accepted. Late entry fees will incur an additional \$10.00 per athlete (total \$16 per athlete). There will be a \$25 fee added to any returned checks. Payments can be made online during registration or if mailed, should be postmarked by April 9th to:

C. A. Track Club
360 Grand Ave, Suite 73
Oakland, CA 94610

CHECK IN: There will be a 1st, 2nd, and Final Call for all events (running and field). All participants MUST check in with the clerk of the course or at the field event ready to compete by the Final Call. Any athlete not checked in by the Final Call, will be scratched from the event. There will be NO exceptions!

WARM-UP AREA: The warm-up area is on the baseball field. Follow the rear stairwell to the track. No athlete, coach, or spectator is allowed on the infield during the meet. There will be coaches boxes provided on the field for field events. Coaches (only!) with a Field Pass may access during the field events. There will be two (2) Field Passes in your team packet.

Only athletes participating in the 4x100m relays, 1500m, and the 80/100/110 hurdles will be allowed to warm-up on the infield during the Discus. The infield will close promptly following the event to all other athletes and coaches.

FALSE STARTS: This meet will utilize the "no false start" rule for Open division athletes per USATF Rule 302.2(d). Any Open division athlete who false starts will be disqualified immediately. All other divisions are allowed one false start before disqualification.

RESULTS: All results will be posted following each event, at the top of the bleachers. The results will also be available after the meet at www.catrackclub.com.

AWARDS: Medals will be awarded to the top 3 overall finishers and ribbons to the 4th – 6th finishers.

CONCESSIONS: Snack bar and Meet Merchandise will be available.