

Distance Runners, Race Walkers and Field Events Carnival

Please complete an entry form for each age group

TRACK EVENTS – 9:00 am

3000 meter run finals	9:00 AM	MG, MB, YG, YB, IG, IB, YW,OW
3000 meter race walk finals	9:00 AM	YG, YB, IG, IB, YW, YM,OW,OM
5000 meter run finals	9:30 AM	YM,OM
800 meter run finals	9:50 AM	All age groups starting with BG
400 meter run finals	10:45 AM	SBG,SBB, BG, BB
1500 meter race walk finals	11:15 AM	BG, BB, MG, MB
1500 meter run finals	11:30 AM	All age groups starting with BG
4x100 RACE WALKING relay finals	12 NOON	CO-ED, All Males or All Females Team
4x100 relay finals	12:10 PM	SBG, SBB, BG, BB, MG, MB ONLY!!!!
4x400 meter relay finals	12:20 PM	All age groups starting with SBG
4x800 relay finals	12:30 PM	MG, MB, YG, YB, IG, IB, YW, YM
CRAZY DISTANCE MEDLEY 6 (SIX) PERSON RELAY: 600-700-800-600-500-300 (2.25 MILES)	12:45 PM	CO-ED, All Males or All Females Team

SPECIAL NOTES:

400 Meters are for Sub-Bantam and Bantam only

FIELD EVENTS – 8:30 am – OPEN PITS

Long Jump	Triple Jump	High Jump	Shot Put	Discus	Pole Vault	Javelin	Mini Jav.
SSG	YG	BG	BG	MG	YB	YG	SBG
SSB	YB	MG	BB	MB	IB	YB	SBB
BG	IG	YG	MG	YG	YM	IG	BG
BB	IB	IG	MB	YB	YG	IB	BB
MG	YW	YW	YG	IG	IG	YW	MG
MB	YM	BB	YB	IB	YW	YM	MB
YG	OW	MB	IG	YW	OW	OW	***TWTC**
YB	OM	YB	IB	YM	OM	OM	***TWTC**
IG	***TWTC***	IB	YW	OW	***TWTC***	*TWTC*	***TWTC**
IB	***TWTC***	YM	YM	OM	***TWTC***	*TWTC*	***TWTC**
YW	***TWTC***	OW	OW	TWTC*	***TWTC***	*TWTC*	***TWTC**
YM	***TWTC***	OM	OM	TWTC*	***TWTC***	*TWTC*	***TWTC**
OW	***TWTC***	***TWTC***	**TWTC**	TWTC*	***TWTC***	*TWTC*	***TWTC**
OM	***TWTC***	***TWTC***	**TWTC**	TWTC*	***TWTC***	*TWTC*	***TWTC**

SPECIAL NOTES:

HIGH JUMP WILL START AT 8:50 AM

POLE VAULT WILL START AT 9:00 AM and 12NOON