

PAUSATF 20K Championships and 5K, Oakland, CA, September 11, 2011

20K PAUSATF Championship Results:

First Name	Last Name	Age	Sex (M/F)	Team	USATF Pacific Association?	Time	Place by speed	Age Graded %	Place by Age Graded %
Mark	Green	55	M	Unattached	yes	1:48:34	M1	83.07%	2
Alex	Price	29	M	PRO	yes	2:05:14	M2	61.76%	6
Joseph	Berendt	57	M	Sierra	yes	2:09:54	M3	70.62%	4
Wally	Stewart	65	M	Marin	yes	2:36:50	M4	63.28%	5
Louise	Walters	71	F	Sierra	yes	2:16:03	W1	95.06%	1
Paula	Mendell	61	F	Sierra	yes	2:22:49	W2	77.38%	3

5K Race Results:

First Name	Last Name	Age	Sex (M/F)	Team	USATF Pacific Association?	Time	Place by speed	Age Graded %	Place by Age Graded %
Garland	Murphy	63	M	Marin	yes	39:09	M1	59.08%	4
Robyn	Stevens	28	F	Unattached	no	34:18	W1	57.68%	5
Doris	Cassels	72	F	Marin	yes	35:54	W2	80.93%	1
Ann	Lee	62	F	Marin	yes	36:21	W3	69.61%	2
Melissa	Woodburn	58	F	Marin	yes	36:31	W4	66.17%	3
Claudia	Wilde	58	F	Unattached	yes	42:15	W5	57.19%	6

Team Results: Team score is the average of the top 3 age grade percentages (only racers in the 20K qualify for the grand prix).

<u>Team</u>	<u>Average Top 3</u>	<u>Points</u>
Sierra	81.02%	10

The 5K and the 20K were run simultaneously, on a 2.5K loop course at Arrowhead Marsh Park

The weather was pleasantly overcast and about 65 degrees with a light breeze for the whole race.

Both races were clean, with no DQ's.

Judges: Susan Mears (chief judge), Beth Price, Jon Price, Art Klein, Ann Gerhardt, and Ajay Padgaonkar

And numerous other volunteers - recorder, runner, lap counters, water table, ... without whom this race would not have been possible.

Race organized and hosted by Marin Race Walkers. Thanks Sandy Backer and all of your volunteer crew!

Team Name Glossary:

LSI = LSI Sprint

Marin = Marin Race Walkers

Oak Hill = Oak Hill Racing

PRO = Pacific Racewalkers Organization

SCTC = Santa Cruz Track Club

Sierra = Sierra Race Walkers

SSS = Silver State Striders