

2011 Pacific Association Olympic Training Grant

General Information and Instructions

What is the Pacific Association Olympic Training Grant?

The Pacific Association of USATF established the Olympic Training Grant for 2012 Olympic hopefuls competing in Track and Field and Marathon. Grants for training and competition are awarded to athletes that live and compete within the jurisdiction of the Pacific Association, show potential for representing the U.S. at the 2012 Olympic Games or 2011 IAAF World Championships, and show financial need.

How is the grant administered?

Applications are distributed and processed by the Pacific Association Grant Selection Committee. General responsibility for management of the grant, including all award decisions, resides with the selection committee.

What can the grant be used for?

Grants are intended for training and competition expenses. Examples of approved grant uses: training costs, coaching, travel to competitions.

Are the grants sufficient to pay all training and competition costs?

Because training and competition costs vary widely, these grants are intended to provide only **partial** support.

Who is eligible?

General athlete eligibility requirements

- Be a 2011 member of PAUSATF and eligible to represent the USA at all levels of international competition
- Must have exhausted remaining athletic eligibility at NCAA colleges and universities
- Not exceed the committee's established annual income level of \$40,000 (from all sources)
- Have performed at an elite level in the past 24 months (e.g. met the Olympic Trials "A" or "B" standard)
- Have a clean drug testing record with no history of drug-related suspensions
- Compete in race walk, marathon or track, field events that will be contested at the 2012 Olympic Games
- Live at a valid residential address within Pacific Association jurisdiction
- Compete in at least one USATF sanctioned event within PA jurisdiction during the 2011 season

How can I find out what my 2011 USATF membership number is?

Go to <http://www.pausatf.org/data/members.php?cmd=search> and enter your information. Your membership number will be listed. To be eligible for this grant you must have a "Y" in the 2011 column, indicating that your membership has been renewed for 2011.

If a grant is awarded, how much can an athlete expect to receive?

- Ten \$1,000 grants will be awarded. Primary consideration will be given to athletes in the following order: International A standard, International B standard, Olympic Trials A standard, Olympic Trials B standard.

How does an athlete apply?

Athletes must complete the attached application, personal essay and a letter of recommendation and submit it via (First Class mail, UPS, etc.) by March 15th, 2011 to the following address:

2011 Olympic Training Grant
Pacific Association Office
120 Ponderosa Court
Folsom, CA 95630

What should be included in the essay?

The essay should address why the athlete is a worthy grant recipient. In particular the athlete should explain:

- Competitive goals for the next year and for the next 4 years
- His or her background in the sport, including competition results
- Financial need/circumstances affecting the athlete's ability to train and compete
- How this grant, if awarded, would "make a difference"
- What it means to be able to practice/participate in the chosen sport

Who should write the letters of recommendation?

This is entirely up to the athlete but teachers, coaches, and employers are good choices since they can usually comment on overall character, achievement, and promise. The recommendation letters must contain the name, address, and telephone number of the writer.

When will applicants be notified?

Applicants will be notified of the award decision after the selection committee meeting in late March. We anticipate that decisions will be finalized around March 15th, 2011. Applicants will be notified by mail and email confirmation.

Terms and Conditions of Grant

An award will be paid in one installment. If selected, the applicant will receive the award with a notification letter. In addition to an acknowledgement to the Pacific Association Board of Athletics, the athlete will be asked to provide a competition schedule that includes at least one USATF sanctioned meet within the Pacific Association jurisdiction. Examples of meets that are historically sanctioned are: California Relays (formerly Modesto Relays), Stanford Invitational Open, Payton Jordan Invitational, and Pacific Association Championships. At the completion of your 2011 competitive season you will be asked to submit an update of your progress and how you were able to accomplish your athletic goals.

The Pacific Association salutes your efforts and hard work in pursuing your Olympic dreams. Please email any questions to heikemansoor@aol.com.

**2012 Pacific Association Olympic Training Grant
Application Form**
Applications must be received by close of business on March 15, 2011

Name _____ Gender ☐ Male ☐ Female

Address _____

City _____ State _____ Zip _____

Social Security Number _____ Birth date _____

Telephone Number _____ Email Address _____

Sport _____ USATF Membership Number: _____

Have you met the IAAF or Olympic Trials standard in the past 24 months? (check one)

☐ IAAF "A" Standard ☐ Olympic Trials "A" Standard

☐ IAAF "B" Standard ☐ Olympic Trials "B" Standard

Event _____ Date of Performance _____

Result _____

Location of Performance _____

Order of finish at USA Championships:

Event _____ 2009 _____ 2010 _____

Event _____ 2009 _____ 2010 _____

International Teams: (Olympic, World Championship, Other Team USA event):

Year _____ Team _____

Year _____ Team _____

Year _____ Team _____

Are you a college graduate? Yes ☐ No ☐

Name of School _____

Year of Graduation _____

Degree(s) Held _____

Do you have a clean drug testing record with no history of drug-related suspensions?

Yes ☐ No ☐

(Continued on next page)

Income & Expense

2010 Income

2011 Income (estimate)

Prize money, appearance fees
commercial contracts, shoe contracts,

grand prix, etc.	\$ _____	\$ _____
Grants, scholarships, etc.	\$ _____	\$ _____
Primary employment (full or part-time)	\$ _____	\$ _____
Gross Annual Income	\$ _____	\$ _____

	2010 Expense	2011 Expense (estimate)
Travel, transportation (competition & practice)	\$ _____	\$ _____
Coaching, therapy, massage	\$ _____	\$ _____
Equipment, uniforms, supplements	\$ _____	\$ _____
Other (_____)	\$ _____	\$ _____
Expense Total	\$ _____	\$ _____

Reminder: Athlete is required to submit an essay and a letter of recommendation as part of this application. Applications must be complete to receive consideration.

☐ Complete application ☐ Essay ☐ Letter of recommendation ☐ Competition Schedule

Certification

I certify that I am a U. S. citizen and that the information on this form is true and complete to the best of my knowledge. I also certify that I am drug free and not currently the subject of anti-doping **official** investigation, nor have I been sanctioned for an anti-doping violation in the past. I agree to repay the grant in full if I do not complete the terms of the grant. If asked by or on behalf of the Pacific Association of USA Track and Field, I agree to provide documentation in support of information on this form.

Applicant (Signature)

Applicant (Printed Name)

Date

2011 Olympic Training Grant
Pacific Association Office
120 Ponderosa Court
Folsom, CA 95630