

## PAUSATF 10K Championships and 5K, Carmichael, CA, October 9, 2011

### 10K PAUSATF Championship Results:

First Name	Last Name	Age	Sex (M/W)	Team	USATF Pacific Association?	Time	Place by speed	Age Graded %	Place by Age Graded %
Mark	Green	55	M	Unattached	yes	0:53:29	M1	82.25%	2
Alex	Price	29	M	PRO	yes	0:57:55	M2	64.23%	14
Joseph	Berendt	56	M	Sierra	yes	1:04:28	M3	68.84%	11
Bill	Penner	65	M	PRO	yes	1:07:52	M4	71.50%	8
Dick	Petruzzi	78	M	PRO	yes	1:17:49	M5	73.91%	6
Stu	Kinney	71	M	Marin	yes	1:19:52	M6	65.26%	13
Steve	Kupferman	62	M	Sierra	yes	1:21:08	M7	57.92%	15
Diana	Rossman	44	W	SCTC	yes	1:01:29	W1	71.46%	9
Karen	Stoyanowski	56	W	Sierra	yes	1:06:06	W2	74.73%	5
Paula	Mendell	61	W	Sierra	yes	1:06:26	W3	78.95%	4
Nicolle	Goldman	52	W	Sierra	yes	1:06:26	W3	71.24%	10
MJ	Baglin	64	W	PRO	yes	1:06:50	W5	81.65%	3
Susan	Mears	56	W	PRO	yes	1:07:10	W6	73.54%	7
Doris	Cassels	72	W	Marin	yes	1:13:30	W7	83.92%	1
Melissa	Woodburn	58	W	Marin	yes	1:16:29	W8	66.09%	12

**Team Results:** Team score is the average of the top 3 age grade percentages (only racers in the 10K qualify for the grand prix).

Team	Average Top 3	Points
PRO	76.37%	10
Sierra	74.97%	8
Marin	71.76%	7

### 5K Race Results:

First Name	Last Name	Age	Sex (M/W)	Team	USATF Pacific Association?	Time	Place by speed	Age Graded %	Place by Age Graded %
Rich	Hansen	85	M	Marin	yes	45:45	M1	68.32%	3
Ann	Lee	62	W	Marin	yes	36:27	W1	69.42%	2
Linda	Burnett	74	W	Marin	yes	41:07	W2	72.99%	1
Chris	Everman	59	W	Sierra	yes	47:53	W3	51.03%	4

Two races were run: A women's race at 8:00 AM and a men's race at 9:30 AM, in both cases with 5K and 10K starting simultaneously. The weather was sunny warming up from about 60 degrees at 8:00 to 75 degrees at 11:00. Both races were clean, with no DQ's.

Judges (women's race): Mark Green (chief judge), Ajay Padgaonkar, Helen Storrs, Liesbeth Matthieu, Dick Petruzzi, and Becky Klein  
 Judges (men's race): Ajay Padgaonkar (chief judge), MJ Baglin, Susan Mears, Helen Storrs, Liesbeth Matthieu, and Becky Klein  
 And numerous other volunteers - recorder, runner, lap counters, water table, ... without whom this race would not have been possible.  
 Race organized and hosted by Sierra Race Walkers.

### Team Name Glossary:

LSI = LSI Sprint  
 Marin = Marin Race Walkers  
 Oak Hill = Oak Hill Racing  
 PRO = Pacific Racewalkers Organization  
 SCTC = Santa Cruz Track Club  
 Sierra = Sierra Race Walkers  
 SSS = Silver State Striders