



2010 Pacific Association USATF Championships

Sunday, May 30th 2010

College of San Mateo, 1700 West Hillsdale Blvd., San Mateo, California

Facilities: On the campus of College of San Mateo. CSM has a nine (9) lane Mondo surface throughout, including steeplechase, javelin approaches and all runways. Required spike is 1/4 inch Christmas tree (compression). The throwing rings are brushed concrete.

Eligibility: All competitors must be a registered USATF Athlete. Only collegiate athletes who compete for their institutions and are registered by their coaches are not required to be USATF members. USATF membership cards are available for \$29.95 by contacting the Pacific Association Office at (916) 983-4715, or you may download an application on-line from <http://pausatf.org>. Memberships will also be on sale the day of the meet.

Entry Information: Enter by using the [USATF web-based entry form](#). If you have questions regarding entries contact Al Hernandez at (510) 651-3162 or email Al Hernandez at runalrun@yahoo.com

Pre-entry Fees: On-Line Preregistration: \$15.00 per event if entry is received by 7:00 p.m. Thursday, May 27, 2010, payable by credit card. No telephone, mail, or fax entries.

Status of Entry: Use this link to confirm that your entry payment has been received.

Mark and Affiliation Update Forms : [Individual](#) or [Team](#)

Late Entry - Day of Meet Registration: \$30.00 per event. Cash Only. The late entry deadline is 10:30 a.m. for all events, no matter when they are to be run/competed. No Exceptions.

Athlete Check-In: Running Event Athletes check-in with the Clerk at least 45 minutes before your event is scheduled, or 10:30 a.m. for morning running events or 12:30 p.m. for afternoon running events. **Field Event Athletes** should check-in at your event site at least 60 minutes before start time for your event.

Running Event Heats/Flights: All running events will be run as finals only with seeding based on submitted marks.

Field Event Organization: Field event competitors will have three initial attempts with the top (9) nine competitors qualifying for the finals. Implement Certification will be from 9:00 a.m. to 12:30 p.m.

PAUSATF Grand Prix: Earn double points towards prize monies being awarded by the Pacific Association's Open T & F Committee.

* The Pacific Association Grand Prix is a series, culminating with these Association Championships. \$15,000.00 will be awarded to the Association's top ten men and top ten women utilizing the 2001 IAAF Scoring Table.

* In addition to the Grand Prix, money will be awarded to the top 2 or 3 athletes in the Pacific Association, depending on the numbers of entries. This will be determined by points on the IAAF scoring table."

* Complete rules for the PAUSATF Grand Prix are at <http://pausatf.org> / Grand Prix under Track and Field.

* For further information about the Grand Prix, contact Women's T & F Chair Fred Baer at (651) 345-4114, or email Fred Baer at Frdbaer@aol.com for further information and to register with your name, mailing address, 2009 PA/USATF number and e-mail address. This has to be completed prior to earning any points towards your Grand Prix total!

Further Info about the meet: Contact Al Hernandez, (510) 651-3162, or via e-mail Al Hernandez at runalrun@yahoo.com