



4th Annual Subbantam Championships
Granada High School
400 Wall Street
Livermore, California
July 7, 2007
10:00 a.m.

Welcome to the 4th Annual Subbantam Championships Track and Field Meet of the Pacific Association. For this year subbantams are athletes born 1999 and later. The Youth Committee team members, family and friends, are hosting this meet again. Yes, we're still doing it; and with your help and support we will continue for years to come. To make this work, your volunteer services are still much needed and greatly appreciated. We want another successful Subbantam Championships meet this year, so again, let's make it happen!!

The shot put will be 4 pounds for this track meet instead of the regulation 6 pounds used for the bantam age group. The mini jav is also being offered again so coaches, it is imperative that you train your subbantams in these two field event areas if you are going to have them contest the events! We want no unnecessary accidents.

Our preference is pre-registration using our Club Manager computer program. However, if you are using the postal snail mail system, please pre-register with a postmark date of no later than Friday, June 29, 2007. If you have any questions do not hesitate to contact Joanne Slaton-Camargo at amjcamargo@sbcglobal.net or joanne.camargo@ousd.k12.ca.us or call at (510) 879-8642 or (510) 430-8223.

Awards for this track meet are medals 1-3 and ribbons 4-6 in each heat or flight. The outstanding male and female athlete of the day will be presented with a trophy at the end of the track meet. Each athlete will also receive a subbantam track meet t-shirt at the start of the track meet. We're hosting a dance contest at the end of the day, so parents and coaches

make sure you stick around for the show. 1st and 2nd place awards will be presented to each male and each female winner of the contest.

Entry fee is \$8 per athlete. Make cashiers check or money order payable to Pacific Association USATF or simply PAUSATF. No personal checks please. Enter your athlete(s) via email using Club Manager to Anthony Camargo at ajcam@sbcglobal.net or mail entries using attached entry form and payment no later than Friday, June 29th to:

PA Subbantam Championships
c/o Anthony Camargo
9700 Coral Road
Oakland, California 94603

Directions to: Granada High School
400 Wall Street
Livermore, California 94550

Heading East on 580 - 1-580 to Livermore. Exit at Portola Avenue. Right at first signal, Murrieta Blvd. Right at third signal, Stanley Blvd. Left at first signal, Wall Street. School is on the left, drive past the school to the main parking lot.

Heading West on 580 - Exit at North Livermore, right at signal. Right on Portola. Left at Murrieta Blvd. Right at third signal, Stanley Blvd.

Registration – 8:00 a.m.

Meet Start – 10:00 a.m.

Events will be run in the order below unless otherwise specified. Athletes may participate in a maximum of three events. There are no other age groups except subbantams involved in this meet. Therefore, we will have scheduled breaks between each event for recovery purposes.

- Awards (1-3 medals, 4-6 ribbons) will be given to each athlete after their event is run.
- A trophy will be presented at the end of the meet to the outstanding male and female athlete of the track meet.
- There will be a dance contest immediately following the trophy presentation ceremony. Awards for contest: 1st and 2nd place male and female athletes.

Meet Director: Cliff Scott (951) 489-7275

cscott8938@aol.com

Age Division

Subbantam

Birth Year

1999 and after

The running events are as follows:

4X100 relay
800 meter dash – 20 minute break
200 meter dash – 20 minute break
400 meter dash – 15 minute break
100 meter dash – 15 minute break
4x400 relay

The field events are as follows:

Long jump
Shot Put 4 lb. shot put will be used
Mini Jav



**Pacific Association USA Track and Field
4th Annual Subbantam Championships
Granada High School – Livermore, California
July 7, 2007**



Name of Team Entering Track Meet

Name(s) of Team Volunteer(s)

Athlete Name	Shirt Size*	Age	100	200	400	800	LJ	SP	Mini Jav	4x100	4x400

*Youth shirt sizes are: Small (6-8) Medium (10-12) Large (14-16)

_____ athletes x \$8.00 = \$ _____ Coach's Name _____ Phone# _____

Email _____